









**DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE ONE OF THESE SYMPTOMS \***

- NEW COUGH
- SHORTNESS OF BREATH OR DIFFICULTY BREATHING
- LOSS OF TASTE/SMELL

**OR TWO OF THESE SYMPTOMS \***

- FEVER OR CHILLS
- NAUSEA OR VOMITING
- CONGESTION OR RUNNY NOSE
- BODY OR MUSCLE ACHES
- SORE THROAT
- FATIGUE
- DIARRHEA
- HEADACHE

\* THESE SYMPTOM CRITERIA APPLY TO COVID-19-RELATED EXCLUSIONS FOR IN-PERSON INSTRUCTION. OTHER SYMPTOMS MAY ALSO REQUIRE EXCLUSION FOR A DIFFERENT COMMUNICABLE DISEASE.

Symptoms of COVID-19	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
FEVER 	✓		✓		
COUGH 		✓	✓	✓	✓
SORE THROAT 	✓	✓	✓		✓
SHORTNESS OF BREATH 				✓	
FATIGUE 		✓	✓	✓	✓
DIARRHEA OR VOMITING 	✓		✓		
RUNNY NOSE 		✓	✓		✓
BODY/ MUSCLE ACHES 	✓	✓	✓		



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Protecting and Promoting a  
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# PARENT'S GUIDE TO COVID-19 AND SCHOOLS



## WHAT TO DO IF YOUR CHILD IS SICK

- KEEP CHILD HOME AND AWAY FROM OTHERS
- CONTACT PROVIDER TO SEE IF TESTING IS RECOMMENDED
- CLEAN AND DISINFECT COMMONLY USED SURFACES
- FOLLOW ADDITIONAL GUIDANCE BELOW

## WHAT TO DO IF YOUR CHILD IS SICK WITH COVID-19 SYMPTOMS BUT DID NOT GET TESTED

- ISOLATE CHILD AND MONITOR SYMPTOMS
- KEEP CHILD HOME UNTIL:
  - 24 HOURS FEVER-FREE WITH NO FEVER REDUCING MEDICINE **AND**
  - SYMPTOMS HAVE IMPROVED **AND** IT HAS BEEN 10 DAYS SINCE SYMPTOMS FIRST APPEARED **OR** YOUR CHILD HAS BEEN DIAGNOSED WITH SOMETHING OTHER THAN COVID-19 AND WAS RELEASED BY A DOCTOR TO RETURN TO SCHOOL
- MONITOR FAMILY MEMBERS FOR SYMPTOMS

## WHAT TO DO IF YOUR CHILD WAS A CLOSE CONTACT TO SOMEONE WHO TESTED POSITIVE FOR COVID-19 (WITHIN 6 FT FOR 15 MIN OR MORE)

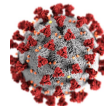
- QUARANTINE CHILD FOR 14 DAYS FROM LAST CONTACT WITH POSITIVE PERSON
- IF SYMPTOMS DEVELOP, CONTACT PROVIDER AND FOLLOW GUIDANCE FOR CHILDREN WITH SYMPTOMS
- PARTICIPATE IN A PUBLIC HEALTH INTERVIEW

## WHAT TO DO IF YOUR CHILD TESTS POSITIVE FOR COVID-19

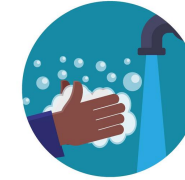
- ISOLATE CHILD AND MONITOR SYMPTOMS
- KEEP CHILD HOME UNTIL:
  - 24 HOURS FEVER-FREE WITH NO FEVER REDUCING MEDICINE, SYMPTOMS HAVE IMPROVED, AND IT HAS BEEN 10 DAYS SINCE SYMPTOMS FIRST APPEARED **OR**
  - NO SYMPTOMS HAVE APPEARED AND IT HAS BEEN 10 DAYS SINCE BEING TESTED
- QUARANTINE FAMILY MEMBERS AND MONITOR SYMPTOMS UNTIL CHILD HAS BEEN SYMPTOM FREE FOR 14 DAYS
- PARTICIPATE IN A PUBLIC HEALTH INTERVIEW

## WHAT TO DO IF YOUR CHILD TESTS NEGATIVE FOR COVID-19

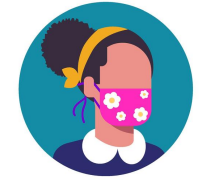
- KEEP CHILD HOME UNTIL:
  - 24 HOURS FEVER-FREE WITH NO FEVER REDUCING MEDICINE **AND**
  - SYMPTOMS HAVE IMPROVED **AND**
  - YOUR CHILD WAS RELEASED BY A DOCTOR TO RETURN TO SCHOOL
- IF YOUR CHILD WAS A CLOSE CONTACT TO SOMEONE WHO TESTED POSITIVE FOR COVID-19, YOU MUST ALSO QUARANTINE YOUR CHILD FOR 14 DAYS FROM LAST CONTACT WITH POSITIVE PERSON



## Stop the spread of germs that can make you and others sick!



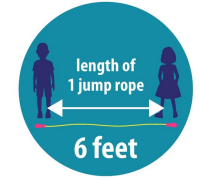
Wash your hands often



Wear a cloth face cover



Cover your coughs and sneezes



Keep **6 feet** of space between you and your friends

**QUARANTINE** keeps someone who was in close contact with someone who has COVID-19 away from others.



If you had close contact with a person who has COVID-19



• Stay home until 14 days after your last contact.



• Check your temperature twice a day and watch for symptoms of COVID-19.



• If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

**ISOLATION** keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.



If you are sick and think or know you have COVID-19



• Stay home until after

- At least 10 days since symptoms first appeared **and**
- At least 24 hours with no fever without fever-reducing medication **and**
- Symptoms have improved



If you tested positive for COVID-19 but do not have symptoms



• Stay home until after

- 10 days have passed since your positive test



If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.



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[cdc.gov/coronavirus](https://cdc.gov/coronavirus)